

FORT LEE ARMY COMMUNITY SERVICE



Mommy Boot Camp

presented by

Family Advocacy Program

Attention expecting Moms!

(Dad's are encouraged to attend)

Topics include pregnancy, labor, types of birthing, as well as preparing for your newborn and breastfeeding!

Call 734-6381 for more information
or to register for the next class.



Army Community Service - "Putting Soldiers and Families First!"

